



2009 EAST TENNESSEE
NPC BODYBUILDING
FIGURE, FITNESS & BIKINI COMPETITION
AND SPORTS EXPO
SANCTION #11181
OCTOBER 16 - 17, 2009
CHILHOWEE PARK • KNOXVILLE, TN

WWW.EastTNSportsExpo.com

Mail Check to:
East Tennessee Sports Expo
C/o Phil Nunamaker
107 S. Hickory Ln.
Oak Ridge, Tn 37830

Make Check Payable to:
East TN Sports Expo

For Contest info: call Phil 865-363-7864
or Ginger 865-363-7854
Email- ginphil@comcast.net

Go to our website for updates on the Expo
www.EastTNSportsExpo.com

Attn: Bodybuilders
Give us your feedback
Ginphil@comcast.net
Send us your picture or post them on my
Facebook expo page

OFFICIAL ENTRY FORM

Name _____ Age _____ Ht. _____ Wt. _____

Address _____ City _____ State _____ Zip _____

Email Address _____ Phone _____

Gym Representing _____

Division Entering (please circle)

Teen—Novice—Junior—Men's Open—Men's Masters(40-49)(50-59)(60+)—

Women's Figure Figure Masters(35and over) Figure Novice

Women's Open---

WOMEN'S MASTERS 40-49 and 50 & over

Fitness

Bikini

First Responders

Crossovers-

Teen and Masters are the only athletes allowed to crossover into Junior and Open divisions and First Responders

Fitness and figure may crossover but women's bodybuilding may not crossover into figure and fitness nor fitness and figure into women's bodybuilding

All classes will be awarded 3-5 trophies determined by number entered in class at time of weigh-in.

Injury Release: In consideration of accepting this entry, I, the undersigned hereby for myself, my heirs, and administrators, waive and release any and all claims for personal injury, or property damage of whatever for and nature, I have against Phil and Ginger Nunamaker , the National physique Committee and Chilhowee Park. or any vendors, individuals, sponsors in affiliation with the contest and/or expo that may arise from participation in the competition.

Note. If under the age of 18, must have parent or legal guardian Signature

Parent or guardian

X _____

Competitors Signature

X _____

The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the Downtown Hilton , Knoxville TN including any rules or regulations prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to the Downtown Hilton , Knoxville or damages to a guestroom or rooms occupied or registered to the undersigned. Finally the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Downtown Hilton or Chilhowee Park and may result in disciplinary action against the undersigned, including but not limited to, suspension or expulsion as a member of the NPC and /or competing in contests sanctioned by the NPC.

Competitor_X _____

Date _____

Entry Fees

\$50.00 for each class

\$30.00 Crossover-Men's Masters, Figure Masters, Fitness and Teen Only

\$25.00 additional late charge if after October 2, 2009

No checks accepted after October 2, 2009

Date: October 17

Place: Jacobs Building , Chilhowee Park, Knoxville TN

Weigh-in 6:00pm-9:00pm October 16th at Chilhowee Park, Jacobs Bldg.

Contest times

Pre-Judge Competitors Meeting and check-in no later than 8 am

Pre-judging 9:30am

Evening Show 6:30pm

Competitors will receive Free Expo and Parking pass

Tickets

Prejudging 9:30am, \$10-Expo included

Evening Show 6:30pm

Reserved seating \$30.00

General admission \$22.00

Tickets go on sale September 4,, 2009

Call Health Shoppe 865-693-4909 or Ginger 865-363-7854

Also available on website

Tickets for Cage Fight avail in Sept. Call for info

We will take Cash, Checks, or money order. Credit cards on website or by calling Ginger 865-363-7854

Expo tickets \$10.00 (pre-judge included. Group rates available)

Other Expo events(Please sign up visit website for updates and scheduling

Expo opens 9am Saturday-6pm to the public

Nemesis' Olympian Cagefight-MMA Cage fight Oct. 16 Friday 7pm, doors open 6pm

Southern Powerlifting Federation meet Oct. 17 12 noon

Armsport Arm wrestling Oct. 17

Ballroom, Street Dance and Dance Teams Oct.17

Grappling w/ Samuel Braga(super fight)

Greenes Motorsports Stunt Cycles and more

Vendor booths

Pro-athletes

Flex Lewis –guest poser

Proverbs 13:4

The sluggard craves and gets nothing,
but the desires of the diligent are fully satisfied

WWW.EASTTNSPORTSEXPO.COM sign up on our site for updates
and giveaways